

WEEK # 4

Menu 2017

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<u>Breakfast Menu Items For The Week</u>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	Aug.7 MONDAY	Aug.8 TUESDAY	Aug.9 WEDNESDAY	Aug.10 THURSDAY	Aug.11 FRIDAY	Aug.12 SATURDAY	Aug.13 SUNDAY
D I N N E R	Vegetable soup Irish Stew <u>Diced Potatoes</u> <u>Diced Turnip</u> <u>Diced Carrots</u> cookies	Cream Of Onion Soup Grilled Fish Mashed Potatoes Mixed Veg Fruit rice	Mushroom Soup Meat Ball in Gravy Mashed Potatoes Rice pilaf Green Beans Pears	Rice Soup Chicken Fingers Roasted potatoes Yellow Beans Butter Tarts	Macaroni Soup Baked Fish Mashed Potatoes Broccoli Mandarin Orange	Cream of Broccoli Soup Bologna Mashed Potatoes peas Butterscotch Pudding	Barley Soup Roast Pork Mashed Potatoes Cauliflower Pie
S U P P E R	Vegetable soup Chicken A La King on Toast Watermelon	Cream Of Onion Soup Cold plate Squares	Fish Chowder Tea Biscuits Lemon Loaf	Rice Soup Quiche Tossed Salad Fresh fruit salad	* Macaroni Soup Ham Salad Sandwiches Salad Cookies	Cream of Broccoli Soup Baked beans Hot dog Brown Bread Gingerbread whip cream	Barley Soup Fish Burger Pom Pom Potatoe Strawberries

Menu may change without notice

HS Snack Menu Nutri Bar	Muffins	Cookies	Cran citrus cookie	Toast	Social tea or Arrowroot Cookies	Sweet Bread
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